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LIVE WITHOUT FEAR

A New Life for Rita

Rita came to shelter as a single woman who is legally blind. She had been in an abusive relationship for three years. Her partner often pushed and punched her during arguments and had recently pushed her off of the porch.

Rita openly stated all she really wanted was to be on her own and to support herself. Through her stay at shelter Rita sought medical attention, obtained a job, and interviewed for transitional housing. The physical and emotional transformation that Rita displayed during her stay was also amazing. As her body healed, her self-esteem grew. She met with her counselor and spoke about how she felt like she was growing into a new woman.

Rita now felt good about who she was. She began to smile more, wear makeup, and her dress changed.

Rita left our shelter after 35 days and moved into a transitional housing project called Amelia Agnes. She has remained in contact with staff and reports that she continues to do well and is enjoying her newfound independence.

To learn more about
HAVEN,
visit our website
www.haven-oakland.org
or call (248) 334-1274